



The **B-FIT EXPO** promotes women in fitness and sport.

YOU ARE INVITED TO PERFORM AT THIS EXCITING NEW EXHIBITION

A staggering 25,000 people came to the **BODYPOWER EXPO** at the NEC last May. This new London venue is certain to bring in record audiences.

There is no entry fee. All you need is the enthusiasm and the display that will entertain 25,000 people. The great and the famous attend the show with television, radio, newspapers and magazines storming the exhibition. It is a truly amazing experience. All participants have a FREE PASS to the entire exhibition on the day they perform.

The show covers about 10,000 square metres with over of 150 exhibitors. The **GYMNASTICS ARENA** is 24 metres by 18 metres and sits at the CENTRE of the showground with audience of all 4 sides. There is a 10 x 10M floor area, a 15 metre tumble track plus run way and landing area. There is also the SHOW STAGE, which is a small raised stage where smaller specialist groups perform. There will be 2 trampolines. Groups bring their own smaller apparatus.

Trevor Low and Nathaniel Leney organise events, competitions and shows and they are now looking for display groups in all areas of performance to add to the B-FIT EXPO programme. The show is not restricted to exclusively female groups. Mixed groups and mens groups are also invited.

You can contact us for information and to book a place.

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LONDON GYMNASTICS is pleased to announce our association with 2 of the countries great Exhibitions of Body Culture and Sport, the **B-FIT EXPO** and the **BODYPOWER EXPO**. Meet us at our stall at the B-FIT EXPO 2012.